



ITINERARY SOUTH SARDINIA

1 ONE WAY CAGLIARI - CARLOFORTE 120 NM ONE WEEK – 7 DAYS

DAY1

When you will arrive in Cagliari's airport to getting our Base in Cagliari- Portus Karalis we can organize private transfer , or you can take taxi city , in 10 minutes you will arrive at your destination. After check in you can go and visite the old town of Cagliari which you will find extending right in front of our base. In the evening You can go for dinner at restaurant ,you can choose to dine in one of the many restaurants in the city, a typical Sardinia dinner. Restounrant Su Cumbidu ,Via Napoli +39 070670712.

DAY 2 CAGLIARI-VILLASIMIUS 18 NM

for your SECOND day you can start from Cagliari in the morning and sail to Villasimius, make a stop towards the bays of Torre delle Stelle - Solanas - Geremeas, to then continue and decide whether to enter Porto or sleep at anchor in the bay outside the port . Or if you don't arrive too late you could pass Capo Carbonara and go to anchor a well-known bay Cala Giunco.

The intense colours of the sea, the glimmering crystal-clear water, granite cliffs, enchanting coves, long stretches of beach, lagoons and verdant hills, some of them are the settings of TV ads and all of them are breathtaking.. The coastline is graced with a crown of beaches interspersed with inlets and the **Capo Carbonara** promontory. Along the panoramic road starting at Capo Boi, the southernmost point of the **protected Marine Area**, are the wonderful beaches of **Porto sa Ruxi**, **Campus** and **Campulongu**, all blessed with gorgeous blue seas and white sandy beaches framed by Mediterranean brush. From Capo Boi to the Island of **Serpentara**, the **isola dei Cavoli** and shoals that are the resting places of shipwrecks from all eras, the Capo Carbonara marine reserve is rich in underwater treasures: dense schools of fish move like weightless clouds over meadows of gently waving sea grass, over bastions, into valleys and channels coloured yellow by sea daisies and red by sea fans.



Back on land you can go shopping, enjoy delicious seafood, visit museums and pick over archaeological sites. Go see remains dating to the Nuragic age, tour the *Accu Is Traias* (I century BCE – III century CE) and *Crucuris* (I-II CE) necropoles near the roman baths of Santa Maria, and the *Cuccureddus* site, an early Phoenician-Punic settlement later taken over by the Romans. And don't miss the **archaeological museum**, with displays about the treasures that lie at the bottom of the sea. One of these, the statue of the Virgin of the Sea, lies on the bottom near Cavoli island. It was sculpted by Pinuccio Sciola and every year in late July they have the **Festa della Madonna del Naufrago** to commemorate those who lost their lives at sea with a procession that leads to the water's edge. <https://www.sardegnaturismo.it/en/places/sud/villasimius>

DAY 3 VILLASIMIUS – PULA 25 NM

for your **THIRD** day you will depart from Villasimius sailing through the Golfo di Cagliari to arrive in Pula in the early afternoon, you will have the opportunity to stay there for the night. The large-grain white sand, rocks full of natural life, overlooking tower and ruins of ancient civilisations make this a unique, unmistakable destination. The beach at Nora is one of the most famous in **Pula**, thanks to the backdrop of the nearby Roman ruins. The bay is enclosed by cliffs and the promontory, with the splendid Coltellazzo tower, and is therefore sheltered from the wind. When the north wind blows strongly, the beach is perfect for enjoying the sun and swimming in the clear, shallow sea, ideal for children. The shimmering tones of blue sea invite you to take a swim, go diving or underwater fishing. The beach has disabled access and is convenient thanks to its large car park, services and refreshment points. It has considerable historical value, located near the Nora **archaeological park**. The old town was founded by the Phoenicians between the 9th and 8th century BC. However, the traces of the Phoenicians and Punic have been mostly covered over by the Romans. The area is situated at the foot of Capo Pula, the old port, separated from the mainland by an isthmus, offering safe refuge from any wind .

<https://www.sardegnaturismo.it/en/explore/nora>

DAY 4 PULA-CHIA- Malfatano-TEULADA 30 NM

For the **FOURTH** day in the morning you can start from Pula heading for Chia, where you can stop for lunch, go ashore and walk on one of the most famous beaches in the world for the typical fine white sand. Then you can leave from Chia and make a stop in Tuareda in the Golfo di Malfatano, at that point you can decide to head into the Malfatano Gulf where you will find restaurants on the beaches where you can dine (Malfatano Beach restaurant +39 3409004069) or come back around 6.00 pm you can enter the port of Teulada, where you will find ground services, Bar-Marina service, Showers, Water and electricity.

For the evening we suggest you to book in one of the typical Sardinian restaurants, where you will taste typical dishes. Ristorante Sa Tiria +390709283704

DAY 5 TEULADA-PORTO PINO 12 NM

for the **FIFTH** day, having then to think of arriving in Carloforte, start heading south, a lunch stop in Cala Zafferano you will anchor on a sandy background, and you can make to swim in its crystal clear waters. There are also other bays among which we suggest cala di Porto Scudo, or cala di S'Ortixeddu. and then spend the night in Porto Pino, a charming bay where you can anchor, with a small town, and a small fishing port that you can reach with the Dinghi.



You can decide to buy fresh fish from local fishermen, or go for dinner at one of the different restaurants that you will find both in the town and on the beach.

<https://www.sardegnaturismo.it/en/explore/porto-pino>

DAY 6 PORTO PINO – SAN PIETRO 24 NM

For the SIXTH day in the morning you can decide to visit the big Dune. There is a Mediterranean gem, a beautiful place very close to nature's perfection, an environmental ecosystem in harmony between sea, dunes, vegetation and lagoons. The bay of Porto Pino extends for about 6 km, all white sand beach, to end with the Dunes, among the largest in Europe. You can reach them either by boat or on foot by taking a romantic walk.

Around lunch time you can leave and head towards Sant'Antioco, make a brief stop at Torre Cannai or around the small Isola dell Vacca, then continue towards San Pietro where you can sleep in one of the two most famous bays, Guidi (safe from the Maestrale -vento NW) or the Caletta (wind-safe SE)

DAY 7 SAN PIETRO'S TOUR – CARLOFORTE 18 NM

for the SEVENTH day we suggest you to circumnavigate the Island of San Pietro, admiring the enchanting beaches, the cliffs, the caves, the Lighthouse of the Island and stopping in the most sheltered bays, with Mistral wind (NW), Cala Guidi , Capo Sandalo, La Mezzaluna, and with Scirocco wind (SE), Cala Vinagra, La Caletta

We suggest you arrive in Carloforte by 6pm so as to be able to refuel (the managers of the charter company will handle the refueling in the boats and)head to your mooring in our base in Carloforte. When you arrive to marina Carloforte, you can arrange the boat and you can go to visit the old town of Carloforte. In the evening You can go for dinner at restaurant ,you can choose to dine in one of the many restaurants in the city, a typical dinner, the main dish the Tuna caught right in the Tonnare dell'Isola, one of the few still operating in the Mediterranean.

San Pietro is not only known for its coasts on the one hand jagged and on the other rich in beaches, but it also fascinates those people who look beyondwho want to know the rich history that surrounds the island and its population

<https://www.sardegnaturismo.it/en/explore/san-pietro-0>

DAY 8 H 9.00 AM

we will make a check-out and you can visit the Old town, go to visit the interior of the island with a tour guide, buy souvenirs, or decide to leave with our exclusive organized transfer for you and then take your plane. To leave from Carloforte it is necessary to take the ferry first (about 30 minutes- there are ferry trips every hour of the day and night DELCOMAR SERVICE) and then a car that will take you to the airport (around 40 minutes)